

Oliver McGowan Mandatory Training

Tier 1 - adapted for the eye care sector

Safe, compassionate eye care for autistic people and people with a learning disability

Who it is for: Optometrists, dispensing opticians and optical assistants in North East London



The Oliver McGowan Mandatory Training was introduced following the death of Oliver McGowan, a young autistic man with a learning disability, and is now mandatory across all CQC-regulated health and social care services. Optical practices regulated by the GOC are not currently covered, so North East London Training Hub is managing this session to bring the NEL eye care workforce into line with colleagues across the wider NHS.

Learning outcomes

- Recognise the barriers autistic people and people with a learning disability face in accessing eye care
- Understand reasonable adjustments and how to apply them in practice
- Communicate confidently and respectfully with patients and their supporters
- Know where to find further support and resources

Tier 1 is delivered in two parts and **both must be completed** to receive your CPD point:

1. **E-learning:** complete the Tier 1 module on the NHS elfh Hub before the webinar. Register free at <https://portal.e-lfh.org.uk/Component/Details/781389> and keep your completion certificate.
2. **Live webinar:** a one-hour interactive session on Monday 12 October at 7pm, led by a SeeAbility trainer alongside co-trainers with lived experience of a learning disability and of autism. The standard national script has been adapted for an eye care audience.

Three steps to complete your training

1. Register for the webinar at <https://medtribe.com/courses/oliver-mcgowan-mandatory-training-tier-1-for-eye-care-professionals-online-webinar> – 30 places only (if you need support on signing up to MedTribe – click [HERE](#) to visit their support page)
2. Complete the free Tier 1 e-learning on the NHS elfh Hub before 12 October (approx. 90 minutes) <https://portal.e-lfh.org.uk/Component/Details/781389>
3. Join the live one-hour webinar – **Monday 12 October, 7pm**
4. CPD: 1 GOC CPD point (certificates issued after the webinar to attendees who have completed the e-learning)

Please note: this training is publicly funded and there is a cost to us for every place. If you secure a place and can no longer attend, please cancel in good time so we can offer it to a colleague. Contact saskia.frimpong1@nhs.net or use the cancellation link in your confirmation email.

Follow it up in person: Lecture and case discussions at the NEL LOC Mega CPD Day, Thursday 12 November 2026 – let us know if you would like to get the details.